



# 2018 NOVEMBER



## Riverside Jr./Sr. High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>LUNCH PRICES</b></p> <p>FREE.....  <b>REDUCED.....\$1.40</b>  <b>FULL PAID.....\$2.60</b></p>			<p><b>1</b> Philly Cheesesteak Sand.            Buffalo Chicken Pizza            Brd. Buffalo Chick. Salad            w/WG Crackers            Sweet Peas            Baked Fries            Fresh Celery Sticks            Applesauce or Juice</p>	<p><b>2</b> Swt. &amp; Sour Popcorn Chicken            White Pizza            Brd. Chick. Caesar Salad            w/WG Crackers            Brown Rice            Steamed Broccoli            Fresh Baby Carrots            Peach Cup or Fresh Fruit</p>
<p><b>5</b> Mozzarella. Sticks w/Mar. Sce            Meat Lovers Pizza            Chick. Caesar Salad w/WG            Crackers            Cin. Sweet Potatoes            Seasoned Peas            Fresh Baby Carrots            Fresh Fruit or Juice</p>	<p><b>6</b> Pasta w/Meatballs            Buffalo Chicken Pizza            All Amer. Chef Salad w/WG            Crackers            Green Beans            Celery Sticks            Diced Pears or Juice</p>	<p><b>7</b> BBQ Rib Sandwich            Buffalo Chicken Pizza            All Amer. Cobb Salad w/WG            Crackers            Baked Fries            Steamed Carrots            Garden Salad            Peach Slices or Fresh Fruit</p>	<p><b>8</b> Beef Nacho Platter            Buffalo Chicken Pizza            Brd. Chick. Caesar Salad            w/WG Crackers            Vegetarian Baked Beans            Steamed Rice            Fresh Celery Sticks            Fresh Fruit or Juice</p>	<p><b>9</b> Meatball Sub            White Pizza            Brd. Chicken Caesar Salad            w/WG Crackers            Baked Fries            Seasoned Peas            Fresh Baby Carrots            Applesauce or Fresh Fruit</p>
<p><b>12</b></p> <p><b>VETERAN'S DAY</b></p>	<p><b>13</b> Chick. Mash. Potato Bowl            Buffalo Chicken Pizza            Brd. Buffalo Chicken Salad            w/WG Crackers            Mashed Potatoes            Golden Corn            Fresh Cucu. mber Slices            Blueb w/Whip. Top. or Juice</p>	<p><b>14</b> Chicken Parmesan Sand.            Buffalo Chicken Pizza            All American Cobb Salad            w/WG Crackers            Campfire Beans            Orange Glazed Carrots            Garden Salad            Diced Peaches or Fresh Fruit</p>	<p><b>15</b> Salisbury Steak w/Gravy            Meat Lovers Pizza            Brd. Buffalo Chicken Salad            w/WG Crackers            Parsley Noodles            Green Beans            Fresh Baby Carrots            Peach Slices or Juice</p>	<p><b>16</b> Cajun Chili Fries Bowl            White Pizza            Brd. Chicken Caesar Salad            w/WG Crackers            Steamed Broccoli            Garden Salad            Diced Pears or Fresh Fruit</p>
<p><b>19</b> PARENT VISITATION            Breakfast Available</p> <p>Grab-N-Go Lunches will            be available.</p>	<p><b>20</b> HOLIDAY MEAL            Roast Turkey w/Dressing            Candied Sweet Potatoes            Green Beans/Cranberry Sce.            Pumkin Pie w/Whip Topping            White Pizza/ Buffalo Pizza            Brd. Ch. Caesar Sal. w/WG Crkrs            Fresh Fruit or Juice</p>	<p><b>21</b> EARLY DISMISSAL            Breakfast Available            Grab-N-Go Lunches will            be available.</p>	<p><b>22</b></p> 	<p><b>23</b></p> <p><b>NO SCHOOL</b></p>
<p><b>26</b></p> <p><b>NO SCHOOL</b></p>	<p><b>27</b> Chicken Tenders w/WG Brd.            White Pizza            Chick. Caesar Salad w/WG            Crackers            Steamed Rice            Steamed Carrots            Cucumber &amp; Tomato Salad            Fruit or Juice</p>	<p><b>28</b> Grilled Cheese w/Bacon            Buffalo Chicken Pizza            All Amer. Cobb Salad w/WG            Crackers            Vegetarian Baked Beans            Green Beans            Fresh Celery Sticks            Fruit or Juice</p>	<p><b>29</b> <b>Beef Nacho Platter</b>            Buffalo Chicken Pizza            Popcorn Chicken Salad            w/WG Crackers            Steamed Rice            Vegetarian Baked Beans            Fresh Baby Carrots            Blueberries w/Whip. Topping            or Juice</p>	<p><b>30</b> Gen Tso's Chicken            White Pizza            Chick. Caesar Salad w/WG            Crackers            Steamed Rice            Steamed Broccoli            Celery Sticks            Applesauce or Fresh Fruit</p>

**More Info...**  
**Offered Daily:**  
 Chicken Patty Sand.  
 Cheeseburger  
 Chicken Nuggets w/Dinner Roll  
 Cheese Pizza  
 Pepperoni Pizza  
 MTO Deli Bar  
 Fresh Fruit  
 Fruit Juice  
 Fresh Vegetables  
 1% Milk  
 Skim Milk  
 Chocolate Skim Milk  
 All Breads, Rolls and Pizza Dough is Whole Grain  
 Students must pick at least one serving of fruit or vegetable with their meal

Menus are subject to change without notice.

**HEALTHY FOR LIFE**

